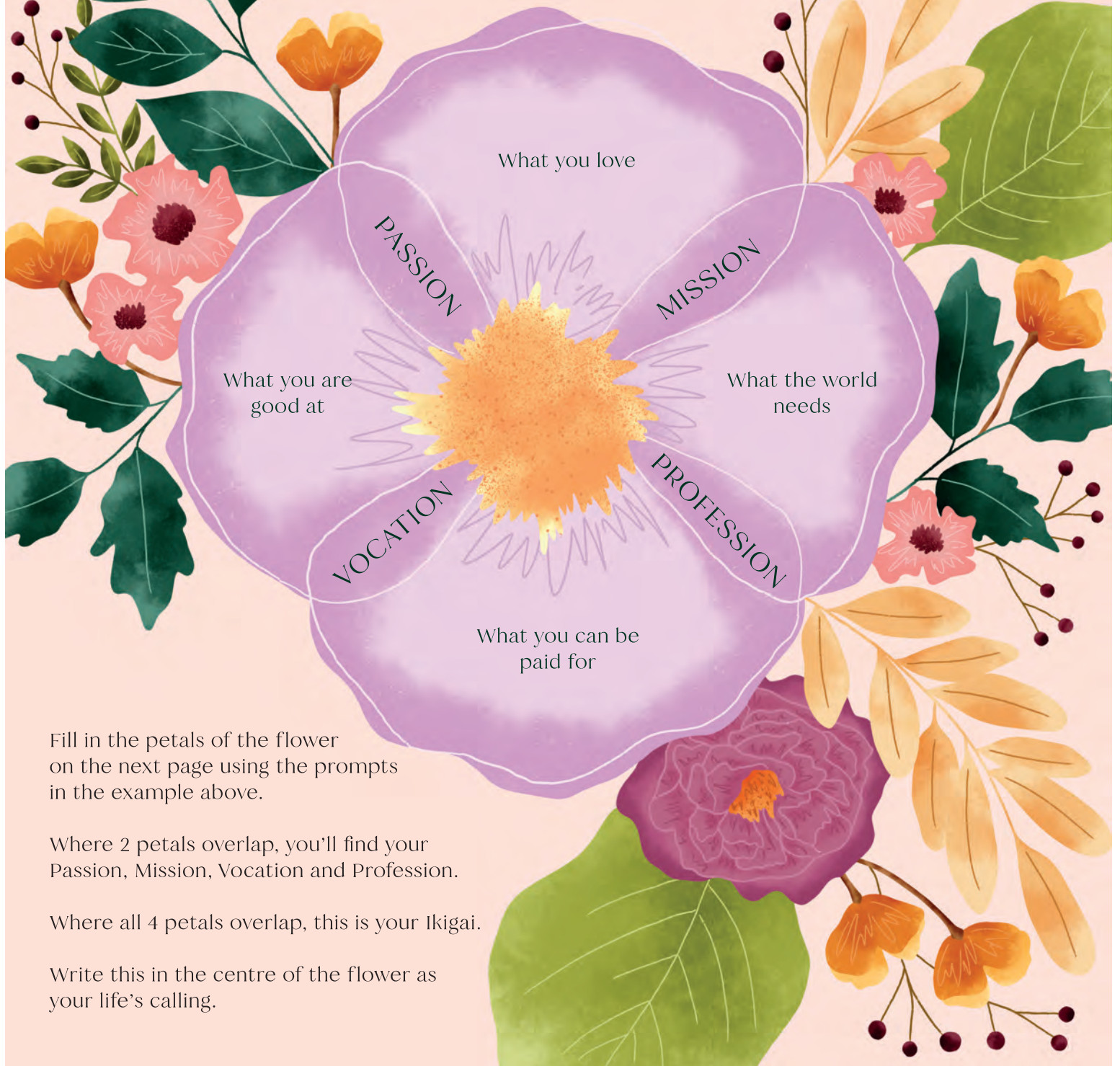


FIND YOUR *ikigai*

Ikigai is a Japanese concept that means a reason for being



Fill in the petals of the flower on the next page using the prompts in the example above.

Where 2 petals overlap, you'll find your Passion, Mission, Vocation and Profession.

Where all 4 petals overlap, this is your Ikigai.

Write this in the centre of the flower as your life's calling.

FIND YOUR

ikigai

